



ARAM



Health Management of America

INDIVIDUALIZED REPORTS AND PRIORITY BASED SERVICES

www.meandmyhealth.com

Basic Plan VIP Plan

Web-Based Basic Health and Disease Management

1	Customized and Individualized Assessment of Member's Health Status	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2	Personalized, Specific, Goal Oriented, Focused Actions for Members	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
3	Guidance for Discussion with the Providers on the Next Visit	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
4	Extensive, Comprehensive and User-friendly Program	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
5	Multiple Learning Opportunities and Formats for Members	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
6	Recommendations are Based on Standard National Guidelines	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Health Coach Based Total Benefit has Additional Priority Support Based on Risk Stratification

7	Interactive, Dynamic, Real time Short and Long Term Risk Stratification for best Resource Utilization	<input type="checkbox"/>	<input checked="" type="checkbox"/>
8	Proactive Prevention of Emergency Room visits and Hospitalization	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If you have any questions, contact ARAM at 800.941.2726.

***For customization to meet your needs call 732.222.2006**